



Adopt-a-Trail Program

Contact: trails@arvada.org

Information and Safety Tips for Adopt-a-Trail Volunteers

- ✓ **Do** schedule your litter pickups during the daylight hours and stop picking up litter before dusk.
- ✓ **Do** watch the weather forecast and reschedule your pick up day/time during inclement weather such as thunderstorms and snow storms or during wet and/or icy conditions.
- ✓ **Do** wear light or bright colored protective clothing, hard-soled shoes and sturdy work gloves.
- ✓ **Do** use sunscreen and wear a hat.
- ✓ **Do** drink fluids on hot days and rest if you get tired.
- ✓ **Do** carpool to pick up sites to keep the number of vehicles on the roadside to a minimum.
- ✓ **Do** park off the roadway as far away from the pavement edge as possible and use parking lots and wide spots when available.
- ✓ **Do** keep children and pets safe while at your adopt-a-trail location. Never leave them in your vehicle.
- ✓ **Do** stay alert for traffic when crossing roads and driveways. Use crosswalks when possible.
- ✓ **Do** stay on the trail and in the trail area when picking up litter.
- ✗ **Don't** pick up litter on roadways, in construction or maintenance sites, or in tunnels.
- ✓ **Do** stay alert for snakes and noxious weeds and do not touch them.
- ✗ **Don't** pick up or handle any dead animals. Instead, contact Arvada Animal Management at 720-898-6850. For **urgent** animal concerns, contact 720-898-6900.
- ✗ **Don't** pick up materials that you suspect might be hazardous or dangerous.
- ✓ **Do** be careful where you put your fingers. Avoid reaching into tight places or places you can't see objects you are touching.



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- ✗ **Don't** try to pick up litter in fast moving water, on slippery rocks, steep banks, where water runs under roads, or any other area that may be dangerous.
- ✗ **Don't** overfill trash bags; partially filled bags are preferable to ones that are overfilled.
- ✓ **Do** leave trash bags along the route where they are easily visible for the Parks crew. *Items such as hubcaps, wood, tires, etc., can be piled on top of the bags.*
- ✓ **Do** email trails@arvada.org for a trash pick up request with a specific location.
- ✗ **Don't drink alcohol or consume other controlled substances** during litter pickups.
- ✓ **Do** make sure all volunteers are familiar with these safety tips. *(Responsibility of group coordinator)*